



## **Informed Consent to Treat**

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. If anything is unclear, please ask questions before you sign.

### **The nature of the chiropractic adjustment**

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click,” much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

### **Analysis / Examination / Treatment**

\_\_\_\_ I allow the doctor to perform any and all analysis, examination procedure and treatment allowed within his scope of practice, and wish to rely on the doctor to exercise judgment during the course of care, which the doctor feels at the time, based upon the facts then known, is in my best interests. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment at Thrive Milpitas, a Kauffman Chiropractic, Inc. This may include all of, but not limited to, the below listed procedures

As a part of the analysis, examination, and treatment, you are consenting to the following procedures: ***(IF NOT INITIALLING ABOVE, PLEASE INITIAL ALL THAT APPLY)***

|                                             |                         |                  |
|---------------------------------------------|-------------------------|------------------|
| ____ spinal manipulative therapy            | ____ palpation          | ____ vital signs |
| ____ range of motion testing<br>neuro tests | ____ orthopedic testing | ____ basic       |
| ____ muscle strength testing<br>therapy     | ____ postural analysis  | ____ Soft-tissue |

ultrasound  
Stim

hot/cold therapy

Electrical

mechanical traction

Stretching/Exercise

Low Level Light Therapy

Other

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### **The material risks inherent in chiropractic adjustment.**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

### **The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination.. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

### **The availability and nature of other treatment options**

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you chose to use one of the above noted “other treatment” options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

### **The risks and dangers attendant to remaining untreated**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this

process may complicate treatment making it more difficult and less effective the longer it is postponed.

***DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.***

***PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW***

I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with (*Dr. Ryan Kauffman*) and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.